



The Mental Health Association of Fauquier County honored as "2018 Nonprofit of the Year" by the Fauquier Chamber of Commerce

## Our Mission

To promote and facilitate mental wellness in Fauquier and Rappahannock counties

## Values:

- ✓ Treating everyone with dignity and caring
- ✓ Increased understanding of mental health and substance use through information and education
- ✓ Timely access to quality care for all
- ✓ Prevention and early intervention
- ✓ A trusting and engaged relationship with our community
- ✓ A collaborative approach to creating community solutions
- ✓ Responsible stewardship of our resources
- ✓ Being a leader and catalyst for positive change

*How did we accomplish our mission in 2018?*





Launched our new and improved website, which includes mental health and substance use resources

15%

Over our goal for number of people trained in Youth Mental Health First Aid: 1,171 and counting!



Offered educational programs to local churches and community organizations on anxiety, depression, substance use and more

## Adding it all up...

**1** new staff member and

**2** new board members added to our team

**5** new mental health and substance use prevention programs introduced in Fauquier County Public Schools

**25+** organizations working under our Youth and Family Initiative to address substance use & mental health concerns among youth

**86+** mental health and substance use providers in our new online database of local resources

**263** people in Fauquier trained in Adult Mental Health First Aid

**1,300** annual telemental health visits at Fauquier Free Clinic  
*(a program launched in partnership with the Mental Health Association of Fauquier County)*

**5,000** "Growing Up Drug Free" guides printed for local families

**\$47,788** donated by community members to support our work

**\$158,000** received in grants from various organizations

*Thank you for supporting our work!*